

THE STABLES

AT THE KINGSKNOWES

STARTERS

HOMEMADE SOUP OF THE DAY	3.95
With crusty wholemeal bread	
NACHOS (V,GF)	5.50
Tortilla chips topped with Mexican salsa, guacamole, jalapenos, sour cream & melted mozzarella	
SMOKED HADDOCK BON BONS	6.50
With a warm spinach & pancetta salad & a wholegrain mustard cream sauce	
HAGGIS, NEEPS & TATTIES	6.50
With a whisky & chive cream sauce & turnip crisps	
WILD MUSHROOM, BUTTERNUT SQUASH & BRIE TART(V)	5.95
With a rocket & pine nut salad & sun blushed tomato dressing	
BBQ PULLED PORK SPRING ROLL	
Apple & fennel salad & chipotle mayo	6.50
DUCK LIVER & PORT PATE	6.50
With spiced apple & plum chutney & mini oatcakes	

SALADS

HONEY ROAST HAM	11.50
With mixed leaves, fresh pineapple & coleslaw served with chips or new potatoes	
FISHERMAN'S PLATE	12.95
Prawn cocktail, smoked salmon, smoked mackerel pate, hot oak smoked salmon, fresh salad leaves & coleslaw served with mini baguette & chips or new potatoes	
CAJUN CHICKEN CAESAR	11.50
With garlic croutons, parmesan shavings, crisp pancetta & homemade dressing with chips or new potatoes	

BURGER TOPPINGS:

Blue cheese, jalapenos, smoked bacon	1.00
Haggis, black pudding	1.50

SIDES

Chips, mixed vegetables, side salad, onion rings	2.95
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SAUCES

Peppercorn, blue cheese, garlic butter	2.50
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MAINS

MENU

FILLET OF HADDOCK	11.95
Panko breaded, beer battered or grilled (GF) served with chips & peas or side salad	
WHOLE TAIL SCAMPI	11.95
Served with salad, chips & peas	
BAKED COD LOIN	13.50
Turned potatoes, sugar snap peas, charred courgettes, pea puree, lemon & chive sauce & crispy crab ravioli	
PAN ROASTED CHICKEN	11.95
Stuffed with haggis with a smoked bacon cream sauce, fresh vegetables & chips or new potatoes	
SPICY CHICKEN GOUJONS	11.95
Buttermilk fried goujons with a peri-peri mayo & chips or new potatoes	
PORK & CHORIZO MEATBALLS	12.95
Stuffed with mozzarella on tomato, chilli & red pepper linguine, basil crisps & garlic croutes	
BEEF CHEEK (GF)	13.50
Slow braised on a creamy mash with red wine, shallots, roasted mushrooms, pancetta & crispy onions	
THREE CHEESE MACARONI	9.95
In a red Leicester, Isle of Mull cheddar & brie sauce with salad, coleslaw & garlic bread (V)	
GREEK STYLE QUINOA & FETA STUFFED PEPPERS (V,GF)	10.50
With Chargrilled courgettes, spiced aubergine, toasted pine nuts & a tahini dressing	
PEA, BASIL & GOATS CHEESE RISOTTO CAKES	9.50
With a spinach cream sauce, confit cherry tomatoes & a soft poached egg	
STEAK, ALE & MUSHROOM PIE	11.95
Topped with puff pastry, fresh vegetables & new potatoes or chips	
HOMEMADE CHEESE BURGER	11.50
In a soft brioche bun with tomato, crispy baby gem, garlic & paprika mayo served with salad & chips	
SIRLOIN STEAK	19.95
With slow roasted plum tomatoes, field mushrooms, beer battered onion rings & chips	

ASK ABOUT OUR DAILY SPECIALS